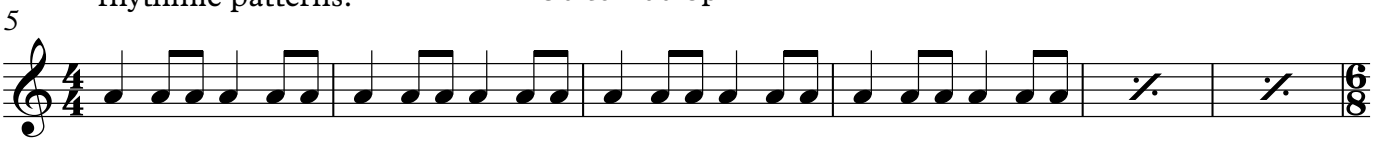
Basic 'misurae' for Italian balli

bassadanza misura
tempo 48
rhythmic patterns:

♩ = 140 to 180 bpm

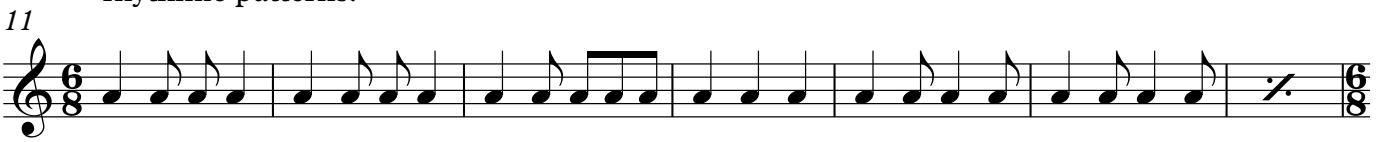
quadernaria
tempo 64
rhythmic patterns:

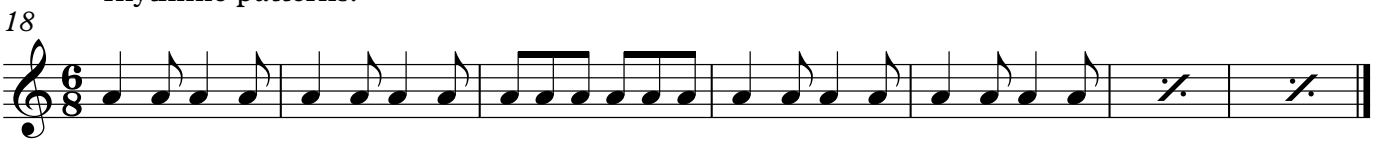
♩ = 130 to 160 bpm



saltarello
tempo 80
rhythmic patterns:

♩. = 160 to 200 bpm



piva
tempo 96
rhythmic patterns:

♩. = 200 to 240 bpm